

# NEWSLETTER

What's happening | Coming Soon | Messages and Reminders

## Care for Books

Please be reminded to treat all books as the precious resources that they are. Library books and class reading books that are sent home should be returned to school in the pristine condition. Thanks for helping us to preserve our wonderful MHIS books.

## MHIS Colour Run

Next Tuesday afternoon, some MHIS staff will be representing the school at the Mission Hills Colour Run. Good luck to Teachers Theresa and Leigh, and Jasmine, from our Finance Team. We hope to reflect on the event with the children to promote the benefits of healthy living, exercise and fun!

## Breakfast Time

Please feel free to collect a healthy Bircher Muesli recipe from Reception if you need a new idea for quick and nutritious breakfasts for early risers.



## Dates

**9th June:** Dragon Boat Festival - school closed



## Sporting Legends!

Many thanks to Coach Gene and all our MHIS staff as well as to our parents and, of course, our students, for making our first ever Sports Day such a great success! We were lucky with glorious weather that was bright and sunny but not too hot, our team had worked together to set up our outside area as an attractive athletic arena, and the children were ready, willing and able as the morning began.

Students rotated between 8 activity stations, demonstrating their skills at different races, basketball and parachute activities and taking well-earned breaks at the Fruit and Water Stations. And many thanks and congratulations to all those parents who participated so enthusiastically in our Tug of War! What a show of collective strength the whole morning served to demonstrate!





## Coffee Morning

Our next Coffee Morning information session will focus on 'English Language Development':

**Date:** Thursday 19th May

**Time:** 8:45-9:45am

**Location:** Music and Dance Room

This session will provide an overview and some key features of English language development and will look at areas of Speaking and Listening, Reading and Writing, with ongoing reference to phonics throughout.

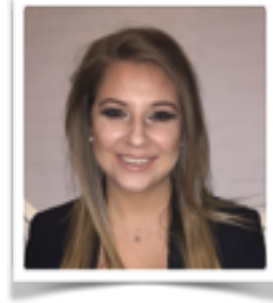
We look forward to seeing you there!

## Health Update

Herpetic Angina (Herpangina) is a common infectious disease in children prevalent in summer and autumn. It is a type of enterovirus, and the initial symptom is usually just a fever. The disease can only be identified later, by the red spots and red, swollen throat which appear after 3-24 hours. Doctors suggest that children should remain at home in the care of parents if a fever develops and within 24 hours, if there are blisters appear or if parents feel nervous, the child may be taken to hospital. Please do not send your child to school with a fever or any other symptoms of illness, to avoid cross infection. If resting at home, please help to control the fever, drink water, take rest and follow a plain diet. For all children both teachers and parents should encourage regular and thorough hand-washing, as shared recently by Dr Cui.

## Many hands make light work!

We would like to formally introduce Rose Walker to our community. Rose recently arrived from the UK to be with her partner, Dan, who is one of Mission Hills' talented golf instructors. Having worked in the Department of Education in the UK, Rose is well-versed with educational issues and approached MHIS before she arrived to ask if she might be involved in the life of the school. We are delighted to have Rose working with us as a volunteer until the end of the year, across the K1-K3 classes.



## Parent Parking

Many thanks to all those parents who use the space outside school effectively to park and drop off students each morning. Please note that the circular drop-off zone at the entrance should never be used for parking a car for any amount of time, as this causes congestion and blocks what is our main fire engine access point in case of emergency. The drop-off zone is used well by many families, who drive through, open the door to allow their child to hop out of the car, wave goodbye and then drive off. For parents who wish to spend time on campus with their child in the morning, between 8-8:30am, please feel free to do so by parking your car along the approach road to the school. We have recently ensured that the school buses no longer park here to ensure there is plenty of space. Thanks for your support.

## Put your best foot forward!

Many thanks to all those parents who continue to send their child to school wearing the appropriate school uniform items, including the correct footwear. Please be reminded that (mainly) black shoes should be worn on Monday and Friday with formal uniform, (mainly) white running shoes should be worn on Tuesday-Thursday with PE uniform and white plimsoles should be available daily for in-class use. It is fine to send your child to school in rain-boots in very wet weather, of course, but please ensure they also have appropriate shoes for PE as needed, in case the weather improves during the day. Please note that sandals are not appropriate for school as they do not protect or support your child's feet. Thank you!