



Tag Rugby

Enjoy the game of Rugby in a safe and minimal contact environment.

Course Teacher Information:

Mr. Shawn Macaulay is a passionate rugby supporter and player who not only likes to watch the sport but also still enjoys playing and practicing at local clubs. Tag rugby is the no contact version of the game where players do not tackle each other but rather rip a Velcro tag from players. Attacking players attempt to dodge, evade and pass a rugby ball while defenders attempt to prevent them from scoring by “tagging” – pulling a Velcro attached tag from the ball carrier.

Basic Information Overview	
Year Group (s)	P3 – P4
Teacher Source	Mr. Shawn Macaulay, BMH Teacher
Number of lessons	1 per week; 9 sessions in Term 1
Language	English
Venue	Playground or Gymnastic Room
Class Time	Thursday: 3:45—4:45PM

Course Overview

Enrollment Criteria	Enrollees should enjoy physical and running activities.
Engage and Assess	During the first weeks of the course, students will be assessed on their ability to catch and pass a ball to their teammates.
Explore and Develop	During the middle weeks of the course, students will begin to explore how to evade contact from the defending players. Running and feet work to be practiced.
Refine and Present	During the final weeks of the course, students will be able to put all their running, passing and evading skills to practice.
Parent Engagement Opportunity	Pictures and videos will be shared via Seesaw.
Others	Water bottles and the school PE uniform.

