



# Table Tennis

## Course Teacher Information:

Ms Choy has substantial experience in education and administration in international and bilingual school settings. She enjoys learning languages and is passionate about developing a love of language learning in her students. In her leisure time, she enjoys racket sport, jogging and reading.

Basic Information Overview	
Year Group (s)	P3-P4
Teacher Source	Ms Choy, BMH Teacher
Number of lessons	1 per week; 16 sessions in Term 2
Language	Chinese and English
Venue	Kapok Atrium
Class Time	Tuesday, 3:45—4:45PM

Course Overview	
Enrollment Criteria	Students who are interested in Table Tennis. It is an amazing sports form with incredible charm. Playing Table Tennis exercises our brain and benefits our eyes.
Engage and Assess	In the first weeks of the course, teachers and students will get to know each other through games.
Explore and Develop	In the middle weeks of the course, students will begin to learn and practice playing Table Tennis. Before each lesson we will do some warming-up exercises such as running, jumping and twisting.
Refine and Present	In the final weeks of the course, after a certain amount of practice, students will be able to hit the ball several times with the bat and know basic rules of this sports form. They will also practice Doubles to train their cooperation skills.
Parent Engagement Opportunity	Pictures and videos will be shared by Seesaw.
Others	Water bottle and school sports kit with sports shoes are required on CCA day.

