

The PE department will be providing coaching across of variety of sports including football, basketball, table tennis and other team games. As the term progresses the PE staff will be developing students' understanding of how to play and compete as a team

## Course Teacher Information:

The PE department consists of Jim Chen, Coach Edy and Roohan. They have extensive experience of coaching various team and individual sports to a high level. All the PE staff hope to help students improve their life skills, discipline and teamwork through sports and develop their sporting potential.

Basic Information Overview	
Year Group (s)	P4 – S8
Teacher Source	BMH PE staff
Number of lessons	1 per week; 17 sessions in Term 2
Language	English
Venue	Kapok Atrium/Grass Lawn
Class Time	Wednesday, 3:45—4:45PM

## Course Overview

Enrollment Criteria	Students who would benefit from this course should be willing and be dedicated to learn Sports.
Engage and Assess	In the first weeks of the course, students will be assessed on their ability in a number of sports. They will be then introduced to playing the sports competitively, working as a team and understanding tactics and developing their skills to achieve a winning outcome.
Explore and Develop	In the middle weeks of the course, students will progress their understanding and tactical awareness in friendly matches, allowing them to learn how to win and how to improve as a team.
Refine and Present	In the final weeks of the course, students will compete in game situations and hopefully compete with other schools.
Parent Engagement Opportunity	Parents will be invited to support the child to take sports of their interest more seriously for the sake of their children health. Be positive and support them in tournaments if they are picked for teams.
Others	Equipment students will need to bring includes 1-Water bottle 2- comfortable trainers 3. PE kit

