



# Basketball

Basketball is a game that not only helps and guarantees the physical growth, but also teach players team work, decision making, discipline and bring them unbreakable friendships. Basketballers are required to be quick thinkers, and not only on the field, but in real life they can be very successful people.

## Course Teacher Information:

Coach Mr. Wu, National A level licensed basketball coaches, National 1<sup>st</sup> level social PE conductor, member of Shenzhen Basketball Association, and have been trained and have 10 years experience in working with children.

### Basic Information Overview

Year Group (s)	P3 – P4
Teacher Source	YiQu Sports Basketball Club
Number of lessons	1 per week; 17 sessions in Term 2
Language	Chinese
Venue	BMH Basketball Field
Class Time	Wednesday, 3:45-4:45PM

### Course Overview

#### Enrollment Criteria

Students who would benefit from this course should be willing and be dedicated to learn Sports.

#### Engage and Assess

In the first weeks of the course, students will be assessed on their movements and ball skills. Coaches will get to know them individually so they can help them throughout the semester based on their own skills.

#### Explore and Develop

In the middle weeks of the course, students will begin to explore more of team work and tactical game. They can be mastering the basic skills of the game.

#### Refine and Present

In the final weeks of the course, students will be able to perform as a basketball player, will be able to get the skills of basketball shot.

#### Parent Engagement Opportunity

Parents are encouraged to play basket with your child.

#### Others

Equipment students will need to bring includes Water bottle, comfortable trainers or basketball shoes Optional : sports kit. Basketball can be purchased or borrow from coach

